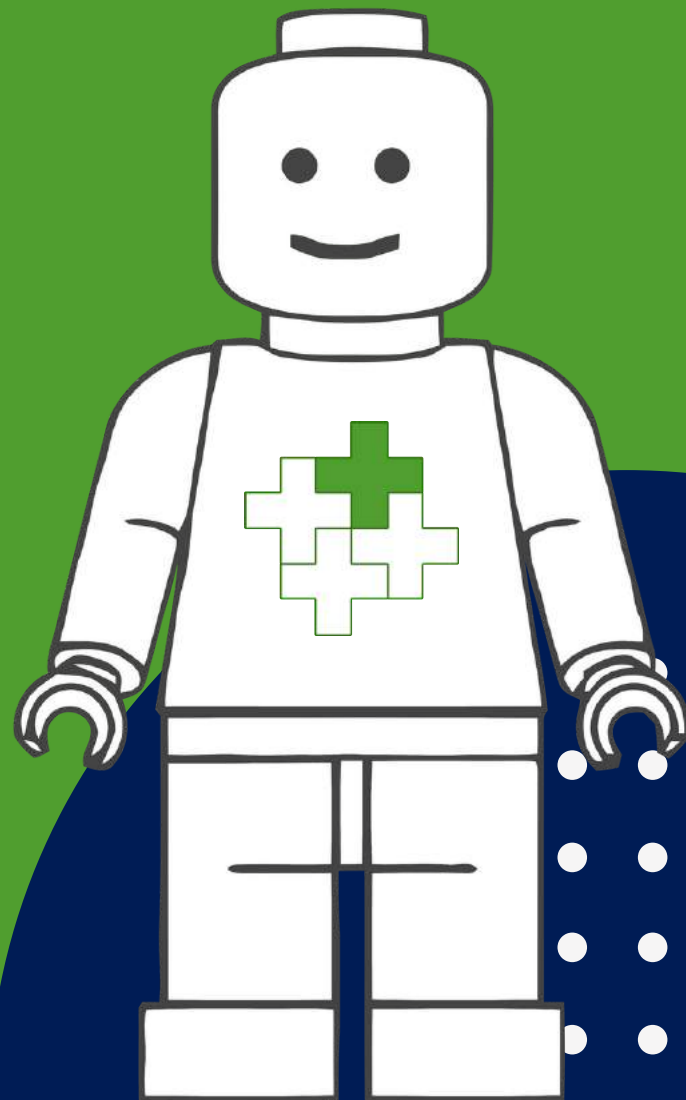


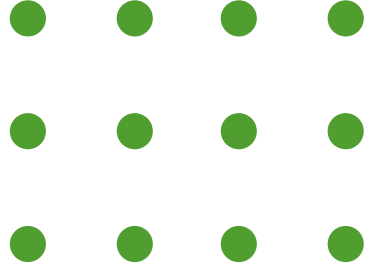


Practical Training Solutions

**TRAINING YOU TO
BECOME AN EFFECTIVE
FIRST AIDER IN YOUR
WORKPLACE, HOME
AND COMMUNITY**

We support workplaces and organisations in meeting their health and safety requirements relating to first aid through the delivery of training that meets compliance requirements, including those specified by NZQA, WorkSafe and industry-specific requirements.





Worksafe requires that everyone in the workplace has access to a **FIRST AIDER**

A First Aider is able to cope effectively in an

EMERGENCY SITUATION

In an emergency situation it is critical to have a **SIMPLE PLAN** upon which to base your actions

OUR TRAINING PREPARES YOU with an action plan

We teach you **PRACTICAL TOOLS** and repeat basic concepts so that the most important aspects of emergency care are ingrained in your memory

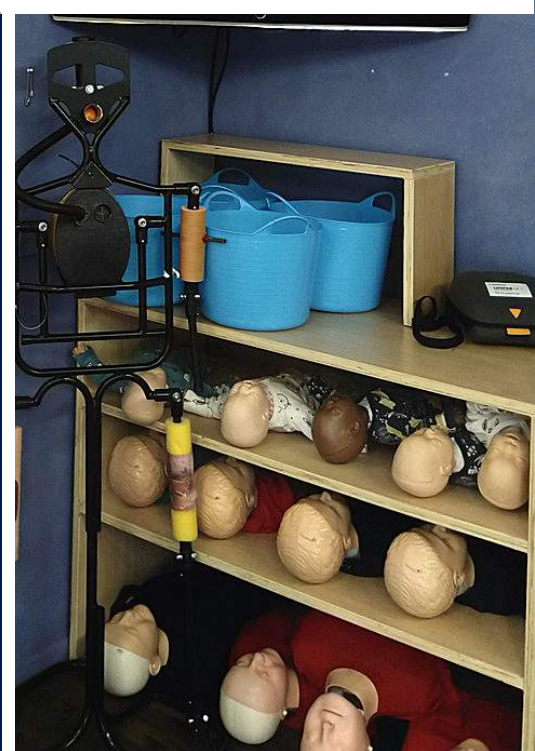
READY FOR THE MOMENT WHEN YOUR HELP IS NEEDED



Our varied **practical learning** activities help you become **confident** in applying simple first aid tools. Our training breaks down barriers and fears that may prevent you from assisting in a medical or emergency situation.

I thoroughly enjoyed the course yesterday, the scenario practices yesterday were highly valuable as it put into practice immediately what we were learning, I definitely feel as though I've retained the information from this first aid course a lot easier than other first aid courses I have done in the past, thanks in large part to doing this! Will recommend your company to other business owners I know.

- Pieter, 2019



EFFICIENT BOOKINGS AND SECTOR DISCOUNTS

We understand that all workplaces need access to relevant first aid training.

It's important for us to ensure that all of our clients are able to provide safe environments and have access to cost-effective first aid training so we support a number of sectors, industries and community groups through a tailored service and special discounts. Visit our website for more information about our sector discounts.

We aim to make booking first aid training as efficient and easy as possible. Simply check the calendar online and complete the booking form. After your training we can send you electronic certificates and training reports to help you manage your health and safety records.

SCHEDULED SESSIONS AND GROUP BOOKINGS

WANT TO HEAR FROM OUR CLIENTS?

First aid training sessions are regularly scheduled at our venue in Hamilton East, including day-time, evening and weekend sessions.

We are happy to supply the contact details of organisations similar to yours so you can receive genuine and relevant feedback about our services.

We also deliver training at your venue of choice throughout the Waikato, Bay of Plenty, Coromandel and beyond.

We would love to hear from you so that we can discuss how to best meet your needs.



Practical Training Solutions

Practical Training Solutions is a Private Training Establishment that has been granted registration by the New Zealand Qualifications Authority under Part 18 of the Education Act 1989 and is a signatory to the Education (Pastoral Care of International Students) Code of Practice 2016 (the Code) under section 238F of the Education Act 1988.

info@practicaltrainingsolutions.co.nz
www.practicaltrainingsolutions.co.nz

07 856 1194

82 Naylor Street, Hamilton, 3216



**Practical
Training
Solutions**

Workplace First Aider Course

Our Workplace First Aider Training Scheme prepares you to be an effective first aider in your workplace, home or community. It teaches you simple tools and repeats basic concepts that enhance learning and provides you with a simple action plan that you can apply in an emergency.

Our Workplace First Aider course:

- Is an **NZQA APPROVED** level 3 training scheme.
- Includes **NZQA UNIT STANDARDS 6402, 6401 and 6400**.
- Is delivered in a **ONE DAY** training session plus Self-directed Learning Module (completed in own time). Option for delivery over multiple days if requested.
- Is delivered regularly at our Hamilton East venue or on site at your workplace (for groups).
- Covers a **WIDE RANGE OF FIRST AID TOPICS** and considerations for first aiders, including:
 - The role of the Workplace First Aider
 - Recognising first aid problems
 - Managing an emergency scene
 - Identifying and obtaining appropriate medical help
 - Identifying and using appropriate first aid equipment
 - Priorities in first aid
 - Basic life support assessment (DRSABCD)
 - CPR, choking, shock and bleeding
 - Assessing and managing injuries (burns, fractures, soft tissue injuries, impalements, poisoning)
 - Assessing and managing medical conditions (heart attack, asthma, stroke, seizures, diabetes)
- Is taught through a combination of learning activities and practical scenarios that make your training **RELEVANT, ENGAGING** and **MEMORABLE**.

To book and for more information about our first aid training visit
www.practicaltrainingsolutions.co.nz or give us a call on 07 856 1194



Revalidation First Aid Training

Our revalidation training revalidates your previous first aid certificate. It refreshes your first aid knowledge and practical skills and ensures you maintain currency and confidence.

Our revalidation training:

- Meets **NZQA AND WORKSAFE REQUIREMENTS** for revalidation training.
- Covers **NZQA UNIT STANDARDS 6402, 6401 and 6400**.
- Is delivered in a **HALF DAY** training session plus Self-directed Learning Module (completed in own time). Option for delivery over multiple days if requested.
- Is delivered regularly at our Hamilton East venue or on site at your workplace (for groups).
- Covers the same **WIDE RANGE OF FIRST AID TOPICS** and considerations for first aiders as our Workplace First Aider Training Scheme.
- Is taught through a combination of learning activities and practical scenarios that make your training **RELEVANT, ENGAGING** and **MEMORABLE**.

We understand that you may have completed many first aid courses before. We deliver fast-paced revalidation training that builds on what you already know and allows you to strengthen the skills and knowledge that make you a more effective first aider. This is what our Learners say



Remember, first aid certificates are valid for 2 years. You can only revalidate your certificate within 2 years and 3 months.

As someone who has been doing first aid courses for more than forty years and has been in the trainer seat for volunteer ambulance officers in time past, I want to compliment you on the excellent content and presentation of the half day I spent with you in January. It was life centred, (rather than text book centred), engaging, well paced, thorough, of sufficient depth.

All together well done.

- Bruce, 2019

To book and for more information about our first aid training visit
www.practicaltrainingsolutions.co.nz or give us a call on 07 856 1194